

Mental Health Clinic Bldg 96 / (DSN) 226-3230

The Mental Health Clinic assists service members and their families with behavioral health evaluations, treatment and therapy, psychology, clinical social work, suicide prevention, traumatic stress response, and special duty (MTI/MTL/SERE/PRP) clearances.

Family Advocacy Program (FAP) Bldg 96 / (DSN) 226-2123

**24/7 Domestic Abuse Victim Advocate Hotline:
080-1651-0975**

The FAP is a Department of Defense program designated to address domestic abuse, child abuse and neglect, and problematic sexual behavior in children and youth. FAP also provides family counseling, educational classes and trainings, as well as the New Parent Support Program for active duty service members and their partners, offering home visitation from a nurse or licensed social worker.

Health Promotions Bldg 99 / (DSN) 226-6420

Health Promotion is the art and science of helping individuals, commands and the military community improve their health-related behaviors and outcomes. Health Promotion provides a range of evidenced-based interventions via programs and services that facilitate healthy living as the default lifestyle choice and social norm.

American Red Cross Torii Bldg 656, Rm 1465 (DSN) 226-3016/3772 (24/7 COMM) 1-877-272-7337 Website: www.redcross.org

The American Red Cross provides training information and support for military members and their families before, during, and after deployments. The American Red Cross also partners with the military aid societies to help service members and their families get emergency financial assistance.

Military and Family Life Counselor (MFLC) Torii Bldg 656 A&FRC: (DSN) 226-2147 (COMM) 080-9331-0762 SFS: (DSN) 226-9003 (COMM) 080-7588-9564 MXG: (DSN) 226-5448 (COMM) 070-1520-1084 CE: (COMM) 03-4572-0114

The MFLC program is trained to work with the military community. Military and family life counselors deliver valuable face-to-face counseling services, briefings and presentations to the military community both on and off the installation.

Alcohol/Drug Abuse Prevention Treatment (ADAPT)

Bldg 96 / (DSN) 226-3230

The ADAPT program aims to promote readiness, health, and wellness through the prevention and treatment of substance misuse and abuse.

Behavioral Health Optimization Program (BHOP) Bldg 99 / (DSN) 226-6200

BHOP is part of your medical care team to help measure how your chronic medical condition (i.e. depression, pain, sleep management, etc.) is impacting your day-to-day life and provide "resources/guidance/counseling" to improve your quality of life.

Chapel/Chaplain Counseling Bldg 358 / (DSN) 226-4673 (HOPE) To reach a chaplain after hours, contact 24/7 command post at 226-9899

The Chapel provides absolute confidentiality, supports spiritual well-being, and protects the free exercise of religion for all personnel. They are trained crisis intervention responders, and are equipped to assist with a variety of concerns to include: work-related issues and stress, combat stress, deployment/reintegration, marriage and family, grief care, and abuse.

Legal Office Torii Bldg 656 / (DSN) 226-4022

The Legal Office provides free, confidential legal assistance on personal, civil legal matters to eligible clients of the 35th Fighter Wing, including active duty or retired military members and their dependents.

Sexual Assault Prevention and Response (SAPR)

**Torii Bldg 656, Rm 1412-16
24/7 Helpline: (DSN) 226-7272
(COMM) 0176-77-7272
Office: (DSN) 226-7277 (COMM) 0176-77-7277**

SAPR Safe Helpline: <https://safehelpline.org/>

A Sexual Assault Response Coordinator (SARC) or Sexual Assault Prevention and Response Victim Advocate (SAPR VA) addresses safety needs, explains the reporting options, services available, and assists with navigating the military criminal justice process.

Equal Opportunity Torii Bldg 656, Rm 1420 / (DSN) 226-3669

EO aims to improve the mission effectiveness of the 35th Fighter Wing by fostering an environment in which members can rise to the highest possible level based solely on merit, fitness, and capability; through addressing concerns of unlawful discrimination and harassment as well as enhancing interpersonal communication and appreciation for diversity and inclusion.



For more information or resources please visit or contact the services below:

**Military One Source
(COMM) +1-800-342-9647
<https://www.militaryonesource.mil/>**

The Military One Source provides a 24/7 connection to information, answers and support to help you reach your goals, overcome challenges and thrive.

**Airman and Family Readiness Center (A&FRC)
Torii Bldg 656 / (DSN) 226-4735
24/7 Air Force Aid/Casualty Assistance: (DSN) 226-9899**

The A&FRC offers services to personnel and their families through thirteen core programs offering workshops, special events, and one-on-one consultations.

24/7 National Domestic Violence Hotline: +1-800-799-7233

24/7 National Suicide Prevention Lifeline: +1-800-273-8255