

07 JAN 2021

Misawa AB COVID-19 | Information Newsletter

YOUR INFORMATION SOURCE FOR TRAVEL, ROM, TESTING, LEAVE, TDY, AND GENERAL COVID -19 POLICIES AND GUIDANCE

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[CATD 43—COVID Hotspots](#)

BASE ACCESS: All visitors will comply with USFJ travel guidance

- Official and Unofficial Visitors:
 - Visitors from outside of Japan, residing in or with a travel history in the past 14 days which includes restricted locations identified in “CATD 43 - COVID-19 Hot spots and Temporary Restricted Areas” require a Misawa Unit Commander or higher to assess risk prior to approving access to Misawa AB. Commanders will utilize the “Pre-Arrival Health Screening (TDY to Misawa)” attached to this CATD and the latest version of CATD 43 - COVID-19 Hot spots and Temporary Restricted Areas when conducting their assessment. If visitors are coming from, or have visited an HPCON Charlie Installation and/or a moderate or higher risk location in the last 14 days, Unit Commander must coordinate with Public Health for risk assessment. Commanders are allowed to implement a working ROM as a mitigation measure if risk assessment is elevated. Visitors can use commercial transportation to and from Misawa. Visitors that have been outside of Japan in the last 14 days MUST Admin ROM. Visitors with SOFA status may ROM off-base if the requirements of CATD 40 mod 1 are met, otherwise they must ROM on Misawa AB. Visitors without SOFA status MUST ROM off-base IAW USFJ FHPO 21-001.
 - Non-SOFA Contractors: May continue to access Misawa AB solely to fulfill their contractual obligations according to the Misawa AB contractor mitigation plan.

FUNCTIONS ON OR OFF BASE

- Maximum groups of 50 or less, or 50% of the meeting space capacity is directed. Social distancing must be maintained and cloth masks will be worn when the 6-foot rule cannot be maintained and in specific facilities as advertised.

TEMPORARY DUTY (TDY)

- TDY: In accordance with USFJ FHPO 21-001 and SECAF Travel Restriction Delegation of Authority Memo dated 26 Oct 2020, waiver authority for travel restrictions of all TDY travel taking place completely (all stops) within Japan is delegated to the first O-6 commander in a member’s Chain-of-Command. TDYs outside of Japan will have to be routed and approved by 35 FW/CC and Naval Air Facility CC.

LEAVE AND PASSES

- TDY Members will also read the [Memorandum for TDY Members](#) before arrival.
- Leave and passes are authorized as outlined in WEASEL NOTAM – 35FW-16-23 with the following exceptions:
 - Locations that would require leave as outlined in the NOTAM must be approved at the unit commander or higher in the chain of command.
 - Leave to locations outside Japan, to include the United States must be approved at the unit commander or higher in the chain of command.
 - Leave/pass INSIDE an area identified in CATD 43 must be approved at the unit commander or higher in the chain of command.
 - Commanders should provide pre-departure briefing/information using attached form.
 - Leave locations outside JAPAN requires ROM upon return to Japan in all cases unless an ETP has been approved by 5AF.
 - Leave to restricted locations inside of Japan leave requires ROM in all cases unless an ETP has been approved by 35 FW/CC.
 - Supervisors and unit commanders will use the pre-departure briefing information for those traveling outside the local area as defined in NOTAM (areas approved for travel but not in exceptions).

All ROMs will be a 15-day ROM (360 hours from the time you arrived).
The ROM requirements is described in [USFJ FHPO 21-001](#) unless otherwise approved in an ETP.

OFF BASE LIBERTIES

- Locations outlined in CATD 43 are restricted. Misawa AB members will avoid large crowds and congested spaces and wear cloth masks when the 6-foot rule cannot be maintained (e.g., if you are walking around a store, you will have a mask on). Additionally, Misawa members will maintain social awareness and adjust plans, as necessary, to avoid exposure risk (i.e., if a crowd develops while you are in a location, you will depart that location).
- Misawa members are **restricted** from:
 - Bars, night clubs, karaoke clubs, and social clubs at all times.
 - Amusement/theme parks, off-installation gyms and fitness centers, flea markets, concerts, festivals, and events with high-density crowds or mass gatherings, or any facility with a potential for crowds, close contact, or closed spaces where COVID prevention measures cannot be maintained.
 - Attending any public gathering where the capacity for the location is above 50% of the location's maximum capacity.
- Misawa members **are authorized** to visit:
 - Off-base restaurants (subject to the following limitations):
 - Time spent inside the restaurant is limited to ordering, receiving and eating the meal and **will be less than 120 minutes**. Personnel will continue to maintain physical distancing guideline and wear a mask when finished with eating.
 - The capacity of the restaurant is at 50% or less than the restaurant's maximum capacity
 - Dining in is only authorized **until 2100 hours**
 - Tattoos, massages, and onsens
 - Hotels, lodging establishments, camping
 - Movie theatres and cinemas are authorized as long as social distancing measures are met
 - Other bases that may be located in a hot spot (Kadena and Yokota) as long as they follow the rules and COVID guidelines published on the installations website. Both sites have all of the current restriction listed at the bottom their pages in drop down boxes.
 - If traveling to **Okinawa**, refer to [Kadena AB's COVID webpage](#) and be held to the same rules Kadena AB personnel.
 - If traveling to **Tokyo**, refer to [Yokota AB's COVID webpage](#) and be held to the same rules Yokota AB personnel.

PUBLIC TRANSPORTATION

- Misawa members **are authorized to use commercial public transportation throughout Japan**. Members will adhere to the same social distancing and hygiene rules as listed in the "general rule" above. Please note common spaces for sleeping overnight in Ferries are prohibited for usage. In high volume and high traffic terminals personnel need to be extra vigilant and maintain social distancing. Unless specifically identified in *CATD 43—COVID Hotspots and Temporary Restricted Areas*, all Airport and train stations are authorized for use with the stipulation that if they are in an area identified in CATD 43, members will leave the restricted area as quickly as possible via connecting flight, POV, train or rental vehicle. Misawa AB members will always wear a mask and follow CDC sanitation and hygiene protocols as well as maintain daily contact tracing logs as previously instructed.

BASE FACILITIES (Gyms, Libraries, Dining Establishments)

- See <https://35fss.com/covid/> for updated FSS events and program operations and hours. Continue to monitor the Misawa Air Base Facebook for further updates: <https://www.facebook.com/MisawaAirBase/>

WORK PLACE FLEXABILITY

- Units will use current Public Health guidance to determine business rules/risk.
 - Optional telework is authorized for personnel, it is not mandatory and up to unit discretion.
 - Customer service lobbies can be opened at unit discretion.
 - Mandatory alternating work shifts are no longer required and are left at unit commander's discretion.

COMMERCIAL TRAVEL TO TOKYO AND SHUTTLE BUS

- Personnel who fall under Status of Forces Agreement (SOFA) with Japan are allowed to travel back from the United States or anywhere else. The Patriot Express rotator that flies out of Seattle to Misawa has limited seating and that seating is reserved for Official Travel first. Space-A is allowed however it currently needs to be approved by 5Af and is still limited to the space available on the Aircraft. Commercial Travel to Tokyo is useful for personnel on leave and US contractors. Personnel will still be required to ROM upon entry into Japan and Yokota does not have enough space for everyone. Misawa AB has set up a Shuttle which will pick people up from Yokota's Kanto Lodge and bring them to Misawa so they can complete their ROM here. The Shuttle Service is provided free of charge for all SOFA status members assigned to Misawa and their families.
- Currently the shuttle runs every other Wednesday except for a couple of weeks (bolded below) around the holidays.
Current Schedule: 16 Dec 20, 23 Dec 20, 30 Dec 20, 06 Jan 21, 13 Jan 21, 20 Jan 21, 27 Jan 21, 10 Feb 21, 24 Feb 21, 10 Mar 21, every other Wednesday after.

- The following instructions will assist you and your family with getting from Haneda/Narita International Airports to Misawa Air Base, while following all Japanese government and U.S. Forces Japan (USFJ) COVID-19 immigration laws and requirements. Please keep a copy of these instructions with you during your travel.
 1. Purchase your commercial flight to arrive in Tokyo between 1100 and 1500 on a Tuesday, depending on which Airport you are flying into and how long you want to wait for the shuttle.
 2. Make sure you have enough food and supplies to last you and your family **24-36 hours**.
 3. The customs and immigration personnel at the airport may ask you about your ROM plans, you will need to tell them your itinerary (steps 4-9), and show them the MoFa Memo which we send you once we receive your signed shuttle agreement.
 4. You will then be catching the Yokota Airport Shuttle (Figure 1). The bus departs Haneda at 1600 and 1900 and you will need \$20 cash. The bus departs Narita at 1700 and 1900 and you will need \$30-40 cash. All info can be found [online](#).

NOTE 1: If you miss the shuttle or your flight is delayed, please contact Andy Litchfield by 1900 hours via telephone at 080-5022-1485 (011-81-80-5022-1485 from a U.S. phone).

NOTE 2: Pets are not allowed on the base Airport Shuttle and transportation arrangements must be made thru FSS vehicle ops for a personal shuttle, recommended to schedule 3 weeks prior.



5. The airport shuttle will drop you off at Yokota's [Kanto Lodge](#). **You will want to secure lodging now** for Tuesday evening.
6. Once you are at the Kanto lodge, you can check in for the Misawa shuttle at the front desk.
7. If you need supplies while you are staying overnight in Yokota, you can reach out to the group [Yokota Errands](#) on Facebook.

NOTE: You will not be permitted to leave your hotel room except to check out based on [Yokota's ROM instructions](#).
8. Wednesday morning the bus should be ready at 0630 in front of the Kanto lodge and will depart for Misawa at 0700. Make sure you have supplies to last you and your family **8 hours** as you will not be permitted to exit the bus.
9. The shuttle will arrive at the Misawa AMC terminal between 1530-1600 hours and all personnel will receive transportation from the AMC terminal to their final ROM locations, either in the ROM towers, your home on base or your home off base.

No alternative modes of travel are permitted, no one can pick you up and you can not drive your POV home.
10. If your sponsor has not already done so, you will need to arrange contingency lodging reservations for your ROM. Air Force personnel need to send an [email to Contingency Lodging](#). Include the names of all personnel (including dependents), the dates of the expected ROM, number of pets (if any), and the gaining unit. Navy personnel will stay at the Navy Gateway Inns and Suites (NGIS). If the NGIS does not have vacancy, please follow the instructions for the Air Force listed above.

NOTE: This does not apply to personnel who are will be in ROM at a private residence such as personnel returning from leave and personnel who already have a house set up by their sponsor.
11. Please contact your sponsor and request a spot on the shuttle by emailing [TSgt Lisa Sandahl](#) in the Misawa COVID Cell. This will ensure you get a seat reserved.

MEDICAL ROM INPROCESSING AND OUT PROCESSING

• **ROM CHECK IN INSTRUCTIONS (within 24 hours of arrival):**

- Please contact the 35th MDG COVID HOTLINE within 24 hours of arrival for your initial check-in to Restriction of Movement (ROM) via one of the following methods:
 - Email (preferred): Send an email to from your personal email address with the information below to: usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil Your name, along with the names of family members traveling with you.
 - Your contact phone number, if you have a working phone. (U.S. or Japanese)
 - A statement that everyone in your party is free of COVID-19 symptoms (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea)
 - Confirm your ROM residence room number, on base house number or off base address
 - DOD ID numbers or full SSNs for each family member (including infants)
 - Telephone: Contact the COVID HOTLINE at either number listed below and provide the information listed above:
 - DSN: 226-5575/6555
 - Commercial: 0176-77-5575 (011-81-176-77-5575 from a U.S. phone)
 - We will need accurate contact info to reply to your questions and symptom concerns.

• **ROM CLEARANCE INSTRUCTIONS (14 days after arrival):**

- Email (preferred): [Send an email](#) to the address above by 1000 hours on the 14th day after your arrival date, stating that you and/or your family are still free of COVID-19 symptoms (ie. if you arrive on a Monday, the 14th day will be 2 Sundays later). A member of our COVID team will respond by 1100 hours and let you know if you are medically cleared. Your info will then be forwarded to your unit and they will release you from ROM the next day. Do not leave your ROM location until your unit has released you.
- Telephone: Contact our team at one of the numbers above (COVID Hotline DSN 226-5575/6555) or flight medicine at DSN 226-6134/6135, commercial: 0176 77 6133/6134 (011-81-176-77-6133/6134 from a U.S. phone). Flight medicine will only be available between 0800-1600 hours during weekdays.

FAILURE TO COMPLY WITH THESE INSTRUCTIONS MAY RESULT IN A DELAYED CLEARANCE FROM ROM

TRANSIENT AIRCREW POLICY

- Misawa AB implemented several measures to respond to the expanding COVID-19 global pandemic. These measures are intended to minimize the risk to mission and personnel associated with transient aircrew operations at Misawa AB regardless of aircraft origination, destination, or nationality. The term transient aircrew also applies to associated support personnel (i.e. maintenance members). All transient aircrew operating on Misawa AB are restricted to Misawa AB only and will adhere to the measures contained below.
- **Command and Control:** All transient flights arriving to Misawa AB (ICAO: RJSM) will contact Misawa Command Post (35 FW/CP), 30 minutes prior to arrival and report if any crew, cabin attendants, or passengers are exhibiting symptoms of respiratory illness and/or fever.
- If the CP is notified of an ill individual on the plane, they will request an ambulance to be dispatched to the plane. CP will also notify the Public Health Emergency Officer (PHEO) and Public Health Office.
- Passengers/aircrew will not deplane. The ill individual will be triaged by a medic. No individuals other than medical will be allowed to board the aircraft until released by the PHEO. The PHEO will determine disposition of the passengers/aircrew (e.g. quarantine vs. self-observation) and when they are medically cleared to deplane.
- If symptoms aren't present, all arriving aircrew that will disembark and remain overnight, regardless of origin, must contact the 35 FW/CP Commercial: 0176-77-9899 or DSN 315-226-9899 and the 35th EOC COVID Support Cell at DSN 315-226-9807. The aircraft commander or designated crew member will report to 35 FW/CP to receive and sign acknowledgment of this memorandum and brief all their members.
- **Medical Screening:** All outbound crews will be screened by 35th Wing Medical Group, including a questionnaire and temperature check. Medical personnel will provide further guidance if any aircrew member presents symptoms of COVID-19.
- **Transportation:** 35th Logistics Readiness Squadron will provide buses for dedicated transient aircrew movement (28-passenger and 44-passenger buses as required). Each vehicle is cleaned IAW CDC guidance after each crew run, and the first two rows are roped off for social distancing. Vehicle operators will not remain onboard during crew loading/unloading. Ground Transportation will only take aircrew from the aircraft to Base Operations (as required) and then lodging (and reverse order for departure). No additional stops are authorized.
- **Lodging:** Unless billeting is full, aircrew will be billeted on base at Misawa Inn. Crews will not enter Misawa Inn front desk lobby in an effort to avoid exposure to Lodging staff. If members require items, they are to call the Front Desk first. The transient aircraft Commander may pick up and drop off required items on behalf of the entire crew for checking in and checking out

only. Lodging ATM will not be utilized. Lodging check-in will be done through the Command Post mission commander briefing. Crews and all of their associated support personnel are only permitted to briefly exit their rooms for outdoor physical exercise and laundry (with appropriate sanitization of any shared surfaces afterwards). Crews are not permitted to enter any public facilities on Misawa AB (i.e. Commissary, Base Exchange, Gym etc.). Transient members will maintain social distancing at all times and avoid any close personal contact while performing the aforementioned activities outside of their rooms. Wear of cloth face mask is required at all on base facilities and will be worn if social distancing cannot be maintained.

- Personnel arriving to Misawa from within Japan and have been physically within Japan's borders for at least 14 days prior to arriving at Misawa and traveling via military aircraft ("Gray-Tail Travel") will not be subject to 14 days of admin ROM. If they are coming from a HPCON Charlie or higher location from within Japan, Command post will call the COVID cell DSN 315-226-9807 to determine their ROM requirements. If they are coming from a HPCON Bravo or lower from within Japan, they will not be restricted from using base facilities. Members TDY to Misawa, who have not been in Japan for 14 days or more must undergo 14 days of admin ROM prior to being authorized on-base liberty. The sponsoring unit for TDY members will ensure the member's health and welfare are taken care of (meals, hygiene items, etc.,) as well as ensure all CATDs are read and adhered to, in accordance with CATD 33(e).
- **Food Support:** Due to the heightened risk of spreading COVID-19, food options are limited. Crews are restricted to delivery only via AAFES food outlets on base through coordination with 35th EOC COVID Support Cell.
- Currently, Misawa AB is operating under a declared public health emergency. If you are discovered outside your isolation location during your stay on Misawa AB, 35th Security Forces may stop you, obtain your identification, and direct you to return back to your isolation location and/or detain you, if deemed necessary. Violations of any rules found in this order, or any other COVID-19 measures in place at Misawa AB will not be tolerated. Violations by DoD uniformed personnel are violations of Article 92, UCMJ – Failure to Obey a Lawful Order, and may result in administrative, nonjudicial punishment, or punitive action. Violations by anyone present on Misawa AB who are not subject to the UCMJ may be detained until civil authorities can respond, may be subject to administrative action including but not limited to early return of dependents, denial of base access, debarment from the installation, or referral to the Misawa Civilian Adjudication Program.
- Misawa AB is committed to providing continued exceptional support to all transient aircrews. I acknowledge these measures levy a burden on aircrews; however, they are designed to keep the mission moving and safeguard the greater Misawa AB and Japanese population.
- If you have any questions or need additional guidance, please call the numbers listed below. Points of Contact: 35 FW/CP; DSN 315-226-9899 or 315-226-9807; 35 LRS Ground Transportation Operations Center: DSN 315-226-3328.

SUBJECT: COVID-19 Hot Spots and Temporary Restricted Areas - Week 01 2021

1. ACTION: Unit Commanders will implement the below procedures effective 07 Jan 21. Subordinate or tenant commands may make more restrictive guidance but not less restrictive. These restrictions apply to all personnel present on, or assigned to Misawa Air Base, including but not limited to: US military personnel, US civilian employees, all dependents, DoD retirees, host-nation employees, contractors, and any other persons accessing Misawa AB (Misawa members). Any military member who fails to comply with this CATD may be subject to punishment under the Uniform Code of Military Justice (UCMJ). Those not subject to the UCMJ who fail to comply with this CATD may be detained until civil authorities can respond, may be subject to administrative action including but not limited to early return of dependents, denial of base access, or debarment from the installation.

2. SITUATION: This CATD provides additional leave, pass, and local area guidance for Misawa AB members outlined in CATD 38 MOD 7. These restrictions are in effect until this CATD is rescinded or revised. Additionally, Public Health recommends Misawa members do not interact with individuals who have been to off-limits areas within 14 days. If you have come in close contact with members from an off-limits area or an emergency/urgent situation requires travel to/through an off-limits area, contact your leadership. A map of the areas are identified on page 2 of this CATD and outlined on the Misawa AB Facebook page as the RED areas.

3. RESTRICTION CHANGES: Travel throughout Japan is authorized except for restricted areas listed herein. **Travel restrictions to the following prefectures have been added: Ibaraki, Miyasaki, Nagasaki and Shiga prefectures.** Members must abide by all policies published by Yokota AB while at Yokota AB. Restricted areas include:

- | | |
|-----------------------------|-------------------------------------|
| - Aichi prefecture | - Kyoto prefecture |
| - Chiba prefecture | - Miyasaki prefecture |
| - Fukuoka prefecture | - Nagasaki prefecture |
| - Gifu prefecture | - Nara prefecture |
| - Gunma prefecture | - Oita prefecture |
| - Hiroshima prefecture | - Okayama prefecture |
| - Hokkaido prefecture | - Okinawa prefecture |
| - Ibaraki prefecture | - Osaka prefecture |
| - Hyogo prefecture | - Saitama prefecture |
| - Kagoshima prefecture | - Sendai in Miyagi prefecture |
| - Kanagawa prefecture | - Shiga prefecture |
| - Kumamoto prefecture | - Tochigi prefecture |
| - Kochi prefecture | - Tokyo prefecture except Yokota AB |

Bold text indicates newly added this week
(See Attachment 1 for map of restricted areas)

4. PUBLIC TRANSIT: Misawa members may use commercial public transportation methods as described in CATD 38 MOD 7. Travel into a restricted area is authorized if individuals immediately transfer to a connecting mode of travel to leave the restricted area.

5. REPORTING: Contact resources: Misawa AB Medical COVID Hotline @ 226-6555/5575 (0176-77-6555/5575) and Misawa AB COVID Support Cell for @ 315-226-2082; (0176-77-2082); from USA 011-81-175-2082 or +81 176 77 2082.
 DISTRIBUTE VIA PROPER MEDIUM BASED UPON CLASSIFICATION LEVEL OF THIS CATD.

DISTRIBUTION METHOD: NIPR

CAVEATS: NONE

ACTIVE CAT DIRECTIVES: 3, 12 MOD 1, 13, 14, 15, 18, 21 MOD 1, 22, 25, 26, 27, 33, 36 MOD 1, 37, 38 MOD 7, 39, 40 MOD 1, 41, 42, 43 W01-21

Attachment 1: Map of Restricted Areas in Japan

