

IMPORTANT MEDICAL INPROCESSING INFORMATION

Please contact the 35 MDG COVID HOTLINE **within 24 hours** of arrival for your initial check-in during Restriction of Movement (ROM) via one of the following methods:

Email (preferred): Please send a message to the following address below from your personal e-mail or an email that you have access to during ROM from your personal computer or phone. Send the following information:

usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil

1. Your full name along with the full names of family members traveling with you or family members on ROM with you, as it appears on your government ID
2. Your contact phone number (if you have a working phone) and assigned UNIT
3. A statement letting us know whether everyone in your party is symptom free or if anyone is sick.
4. **CONFIRM YOU RESIDENCE ROOM NUMBER AND TOWER NUMBER**
5. **DATE OF ARRIVAL TO MISAWA** and by what means (i.e. Shuttle or Patriot Express)

Depending on COVID team workload, you may not receive confirmation that we received your information immediately, you will receive it within a day or two of your ROM.

Contact the COVID HOTLINE at either: DSN 226-5575/6555 or Comm: 0176-77-5575

ARRIVAL & TESTING INFORMATION:

In accordance with the US Forces Japan Force Health Protection FRAGO 21-003:

Yokota Shuttle (Vaccinated) day 1 of ROM is considered the day **FOLLOWING** your initial arrival day to an U.S. Installation in Japan
i.e. Yokota AB, Kanto Lodge.

Yokota Shuttle (Un-Vaccinated) day 1 of ROM is considered the day **FOLLOWING** your initial arrival day to Misawa.

AMC Patriot Express

(Vaccinated & Un-vaccinated) day 1 of ROM is considered the day **FOLLOWING** your initial arrival day into Japan.

Restrict Of Movement (ROM) Procedures:

All individuals who arrive from international travel require **14 days of ROM** and **COVID-19 testing on or after day 8 of ROM**. All individuals in ROM must self-monitor for symptoms of COVID-19. **Please call one of the numbers above if you develop any symptoms of COVID such as fever, cough, and congestion, and sore throat, shortness of breath, loss of taste or smell.**

If you are **FULLY VACCINATED**, (2 dose series or single dose variant and administered and 14 days thereafter) on day 8 of Installation ROM the COVID nasopharyngeal test will be completed. **You will be contacted via email one day prior to day 8 to provide your testing time/location of your test.**

If you are **UNVACCINATED**, on day 8 of Residential ROM the COVID nasopharyngeal test will be completed. **You will be contacted via email one day prior to day 8 to provide your testing time/location of your test.** You will be eligible to transition into **INSTALLATION ROM** after the 10th day once you receive your negative COVID results.

UPDATED 11 May 2021

PLEASE AVOID SENDING PII THROUGH UNSECURED MEANS

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If you are completing your ROM off base or in your permanent quarters on base, you will be required to drive to the 35 MDG for testing in the UCC tunnel. **Please ensure your vehicle is drivable and properly insured before your testing date.** Contact the COVID Medical Team ASAP if you do not have a working vehicle.

THE NOTIFICATION FOR ANY TRANSITION IN ROM WILL COME FROM YOUR UNIT'S TRAVEL POC OR YOUR UNIT'S FIRST SERGEANT. Clearance from installation ROM on day 15 (which is contingent on no concerning COVID symptoms); is also the role of your Unit's POC/ or First Sergeant.

NOTE: Contact your base sponsor to obtain the contact information for the Unit Travel POC and/or Unit's First Sergeant or Base Supervisor. This individual will be the one clearing you for Installation ROM when the time comes.

Definitions:

Definitions for Residential ROM and Installation ROM can be found in the Misawa Air Base Directive at <https://www.misawa.af.mil/COVID-19-Information/>

Please review these definitions at the onset of ROM to ensure compliance with required restrictions and allow for timely release from ROM.

*******PLEASE MONITOR PROVIDED EMAIL DAILY FOR UPDATES!!*******

*****FAILURE TO COMPLY COULD RESULT IN A DELAYED CLEARANCE FROM ROM*****

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