

Readiness – Teamwork – Community - Leadership

# **Updated USFJ Liberty Policy**

Before any military member is granted liberty, the member must have completed their service-specific Sexual Assault Prevention and Response Training as well as a Japan Indoctrination Training with added emphasis on Service Core Values within the past 12 months.

For all military personnel, regardless of rank, off- installation public Consumption of alcohol is prohibited between the hours of 12 a.m. and 5 a.m. daily.

Military personnel in the ranks of E-5 and below are subject to a curfew between the hours of 1 a.m. and 5 a.m. daily. Members must either be on a U.S. military installation, off the installation in a private residence, in a place of lodging, or in the performance of official duties and require a liberty buddy from 10 p.m. to midnight if on TDY status for 150 days or less.

# Force Protection Condition

MISAWA AB IS CURRENTLY IN FORCE PROTECTION CONDITION



(Increased general threat)

WITH ADDITIONAL MEASURES: B-4, B-5, B-11, B-11.1, B-13

This condition has been directed by CDRUSPACOM

POC: 35 FW/ATO, 226-9525

# Fire Safety on Misawa Air Base is Everyone's Responsibility

## **Electrical Safety Tips:**

Turn off all electrical appliances when not in use

Do not overload electrical circuits

Do not overload surge protectors

Do not daisy chain extension cords

Never leave cooking unattended

Inspect electrical cords for damage

Only use electrical appliances with an Underwriter Laboratory (UL), Factory Mutual (FM) or Japanese standard approved label

35 CES/CEFP, Fire Prevention: 226-4055

# 900 MHz WIRELESS DEVICES FROM THE U.S.A. CANNOT BE USED IN JAPAN

Cordless telephones, baby monitors, walkie-talkies, etc.

#### WHAT CAN I USE?

Look for the Japanese Technical Conformity Mark on wireless products



Misawa Spectrum Management 226-5773



# PACAF Quadcopter, Drone, & RC Aircraft Policy

- Can't be flown within 5 miles of Misawa airfield without prior notification to airfield control tower!!
- > GoPro's or other video camera's can't be mounted on the aircraft!
- Contact the Base Spectrum Manager at 226-5773 for more info.

\*\*\*PACAF Personal Model Aircraft (PMA) policy memorandum\*\*\*



# Fitness Center hours

#### **Potter Fitness Center:**

Mon-Fri: 0500-2200

Sat/Sun, Holidays, Family Days: 0800-2200

#### **Freedom Fitness Center:**

Mon-Fri: 1300-1900

24/7 access to facility, if enrolled

(takes 5 minutes to enroll)

# **Immunization/Allergy Clinic Hours**

The Immunizations Clinic has changed its hours of operations.

The clinic will now be open during the following times:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
0730-1600	0830-1400	0730-1600	1200-1500	0730-1600

The Allergy Clinic will now operate during the following times

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-	1400-1600	-	0700-1200	-

\*Smallpox will only be administered at 1500 on Thursdays

# **Equal Opportunity**

The Equal Opportunity and Sexual Assault and Response Program coordinators have moved to the Torii building and are open daily for consultation.

Equal Opportunity can be reached at 226-3669

SARC 24 – Hour Hotline: 226-7272

# Do Not Move Your Computer

This is a friendly reminder:

Please coordinate any government computer moves with the 35th Communications Squadron. Any unauthorized move will result in the loss of connectivity.

Please contact the Communication Squadron at 226-COMM (226-2666).

# 35th Fighter Wing Drug Disposal

#### Do you have medications that you don't want?

At Misawa AB, the 35th Medical Group Pharmacy and 35th Security Forces Squadron guarantee anyone with medications or controlled substances they do not need, can dispose of them in an environmentally friendly way.

The drug amnesty box is located in the pharmacy lobby during normal business hours.

Please consolidate all your medications into a few bottles and place them into the bin. If you have any needles, syringes, or lancets, that need to be thrown away, then contact a pharmacy personnel.

Do not return the medications to the pharmacy directly as by Federal Law, they cannot accept



If you have any questions

Call the Pharmacy at

DSN: 226-6607



# Don't Let Drugs Ruin Your Career

Drop off any excess drugs at the



# **Amnesty Box**

Located by Medical Records

Wrongful usage of controlled drugs is a violation of Article 112a of the UCMJ

Do Not share drugs

Do Not use beyond prescribed period

Do Not use for other than intended illness(s)

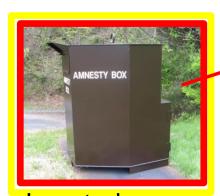
Do not throw medications in trash

Please call the pharmacy at 226-6607 for details

People – Mission - Safety

# **AMNESTY BOX LOCATION**

DO NOT THROW
AMMUNITION
OR EXPENDED
BRASS IN THE
TRASH



Located near
Bldg 1395
(Navy transportation)
and "Long Term
Parking"



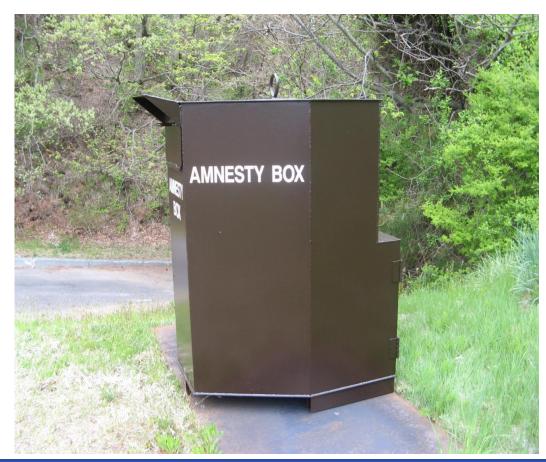
POC: CES/CED (226-3956)

# **Amnesty Box**

Personnel may deposit prohibited or non-admissible articles to include:

- Ammunition
- Explosives
- Weapons

Ammunition in the trash cost \$ to the base and results in emergency responses.



#### WOMEN, INFANTS AND CHILDREN OVERSEAS

WIC Overseas is a nutrition education and supplemental food program that helps mothers and young children eat well and stay healthy.

Program services are available to any eligible persons and their dependents (Active Duty Military, DoD Civilian Employees, and DoD Contractors,) \*Eligibility is based on family size and income\*

#### Who is eligible?

- Pregnant Women (until 6 weeks after delivery)
- Postpartum Women (until 6 months after pregnancy)
- Breastfeeding Women (until the Infants 1st birthday)
- Infants (until age 1)
- Children (1 to 5 years of age)

Call us today to verify your eligibility! 226-5592 Monday-Friday 7:30am to 4:00pm

# Direct In Dial (DID) Changes

Due to cutbacks in funding, commercial lines will no longer be able to directly call all DSN extensions on base

To call on-base via commercial phones, (cell phone, commercial business, home phone, stateside commercial numbers) customers will be required to call the Auto Attendant or Base Operator. After providing the DSN extension to the operators, they will connect you.

Auto Attendant/Base Operator numbers remain the same:

- ➤ International Base Operator Commercial 011-81-176-77-1110
- Dialing from Local area to base operator 0176-77-1110
- ➤ Dialing from Local area to auto attendant; 0176-53-5181 A short message will play, follow the instructions.
- ➤ Dialing from DSN to ATCC number 95+1+XXX-XXX-XXXX
- ➤ Dialing from ATCC to DSN Just Dial 226-XXXX

Inform stateside contacts they will no longer be able to call directly.

Questions can be directed to the Misawa Base Telephone Control Office

This has nothing to do with the transfer of numbers from Verizon to Allied Telesis.



# **Chapel Schedule**

#### **Catholic Services**

Sunday Mass – 9:00 a.m.

Daily Mass - Mon, 4:30 p.m. / Tues - Thurs, 11:30 a.m.

Confession – Sundays, 7:30 – 8:15 a.m. (and by appointment)

#### **Protestant Services**

Sundays 10:30 a.m.

For more information please contact the Chapel at 226 – HOPE (4673)



## Misawa Chaplain Corps Team



#### **SPIRITUAL CARE**

- 100% Confidentiality
- Pastoral Counseling
- Crisis and Trauma Ministry
- Worship and Religious Education
- Rites and Ceremonies

#### **ADVISING LEADERSHIP**

- Spiritual, Religious, Ethical and Moral Issues
- Religious Accommodation

Contact us at 226-4673

Emergencies - 226-9899 (Command Post)



# MISAWA AIR BASE TRAVEL REQUIREMENTS



#### STEPS PRIOR TO SUBMITTING LEAVE

- STEP 1 Identify and locate your Unit ATR/ATO
- **STEP 2** Review the Foreign Clearance Guide (FCG) with your Unit ATR/ATO https://www.fcg.pentagon.mil/fcg.cfm
- **STEP 3** Navigate to TT/IATP website https://iatp.pacom.mil
- STEP 4 Navigate to "Pre-Travel Instructions" located on the TT/IATP website
- **STEP 5** Review the links for your AOR location brief (Contact AFOSI, 226-3116, to determine if a briefing is required)
- **STEP 6** Complete all training listed (Force Protection CBT on ADLS is Level 1 ATFP Awareness Training)
- STEP 7 Navigate to "Submit Travel" and submit your TT/IATP
- **STEP 8** Navigate to APACS and submit your request for clearance https://apacs.dtic.mil
- STEP 9 Complete all other requirements listed in the FCG

#### **REQUIRED TRAINING**

REFERENCE FCG TO ENSURE NO OTHER TRAINING IS REQUIRED

#### **Level 1 ATFP Awareness Training**

- Must be completed within 12 months of travel
- Non-CAC access: https://jkodirect.jten.mil
- Force Protection CBT located on ADLS

#### **USFK Required Training**

- Must be completed within 12 months of travel
- Required for ALL travel
- FCG states need for leave travel http://www.usfk.mil/Newcomers/Training.aspx

#### **ISOPREP**

 Must be completed within 12 months of travel https://prmsglobal.prms.af.mil/prmsconv/profile/survey/survey.aspx

#### **SERE 100.1**

 Must be completed within 36 months of travel https://jkodirect.jten.mil

#### **Human Rights Training**

 Must be completed when traveling to SOUTHCOM AOR or directed by FCG https://jkodirect.jten.mil

# AFI 31-218 35FWSUP Changes

This instruction implements policy, assigns responsibility, and establishes procedures for Motor Vehicle Traffic Supervision on Misawa Air Base (MAB).

- **DUI** Driving Under the Influence/GOJ equivalent equating to Intoxicated Driving (BAC = 0.03% or greater) or driving while the influence of any narcotic or any other drug to the degree where the driver is rendered (Violators will receive 6 points and 1-Year Revocation)
- Designated Training Area for New Drivers with a Learners Permit
  - A student driving permit allows minors to practice driving only on Falcon Loop and Security Hill Area, under parent
    or guardian supervision on base, while they complete a formal driver education class.
- Implement Harsher Penalties for Failure to Maintain Current JCI/Liability Insurance.
  - Owner will receive:
  - 91 days and greater: 6 Points and 1-Year revocation
  - 45 to 90 days: 3 Points and 180-Day Suspension
  - 6 to 44 days: 3 Points and 30-Day Suspension
  - 5 days or less: 3 Points
- Implement Harsher Penalties for Speeding
  - Speeding 25-32 KPH over posted speed limit (Violators will receive 5 points and 30-Days Suspension)
  - Reckless Driving; Speeding 33 KPH or more over posted speed limit (6 point and 1-Year Revocation)
- Power of Attorney PCS Process
  - A POA for the sale or disposal of a vehicle showing the member is in the process of selling and deregistering a
    vehicle, will suffice for out-processing purposes provided it is presented no later than 10 calendar days prior to final
    out-processing and removed from DBIDS.
- Installation Parking Monitor Program
  - Unit commanders are responsible for enforcing parking within areas under their control.
  - Parking monitors are the commander's representative to issue citations for parking violations in areas under the control of their commander. Monitors will issue parking tickets via DD Form 1408.
- Tickets for Violations Committed Off-Base will Receive Corresponding On-Base Penalties

POC: 35 SFS Plans and Program Office, 226-9508

MISAWA AIR BASE

# KEP JI FOR EMERGENCIES

FOR EVERY ABSTAINED PRANK CALL, ONE LIFE CAN BE SAVED



Security Forces Bldg 646 DSN: 226-3600



Bldg 947 DSN: 226-3212



Urgent Care Bldg 99 DSN: 226-6643

Prank calls can lead to a backlog in the system, preventing people with real emergencies from getting through.

# **CRIME STOP**

Report a crime in progress to Security Forces using 9-1-1!

To dial on base 9-1-1 from a Japanese cell phone/off-base phone dial:

0176-53-1911.

Callers can remain anonymous.

Reminder to keep home/car doors locked and items secured when unattended.

For all other non-emergency responses contact Security Forces at DSN: 226-3600.

# **Eagle Eyes Program**



#### INDICATORS OF SUSPICIOUS BEHAVIORS:

- Surveillance of on or off-base activities or areas
- Elicitation or gathering of info in person, phone, fax, or e-mail
- Tests of security to identify security weaknesses
- Acquiring supplies such as weapons, ID cards, uniforms, decals
- Suspicious persons seemingly out of place at work or home
- Dry run practicing a possible criminal/ terrorist operation
- Deploying assets getting people/supplies in attack position

REPORT ALL SUSPICIOUS INCIDENTS TO:

Security Forces BDOC: 226-3600

Commercial (24 hrs a day): 0176-77-3600

AFOSI Det 623: 226-3126

# **Vehicle Accident Procedures**

Vehicle operators involved in any accident or any SOFA status personnel witnessing a vehicle accident will immediately notify the Misawa Base Defense Operation Center (BDOC) at 226-3600.

The BDOC Controller will determine if 35 SFS response is required. If Security Forces response is not required, the parties involved WILL report to the Security Forces Bldg. 646 to complete an accident report.

Failure to report an accident will result in a citation along with a 30 Day Suspension

# **Open Container Policy**

#### Use of Alcohol on Misawa Air Base:

- Personnel will not carry open containers of alcoholic beverages outside drinking establishments.
- Violators will be apprehended or detained and released only to their sponsor or sponsor's organization for action.
- This applies to: military, government civilians, and family member civilians.
- Reference 35 FWI 36-2901 para. 2

# Cell Phone Use While Driving

Using a cell phone while operating a motor vehicle is prohibited both on and off base IAW MABI 31-116 and AFI 31-218.

Exception: Hands-free devices are authorized

Utilizing a cell phone or portable electronic device will result in the following driving suspension:

- 1st Offense 30 days
- Additional Violations 180 days

Energy Action Month: "Protect the Power"

# Driving Green: Fuel Conservation

Take a load off

Every extra 100 pounds reduces fuel economy 1%

Take a few moments to unload your cargo area



Energy Action Month: "Protect the Power"

# Driving Green: Fuel Conservation

#### Keep your tires inflated

For every 3 pounds lost, fuel economy goes down 1%

Tires can lose 1 pound of pressure in a month

Check the air pressure regularly



Energy Action Month: "Protect the Power"

# Driving Green: Fuel Conservation

#### Change the oil

Replacing the oil and oil filter regularly will help fuel economy

On hot days, try to park in the shade to reduce evaporation



Energy Action Month: "Protect the Power"

# Driving Green: Fuel Conservation

#### Get a tune-up

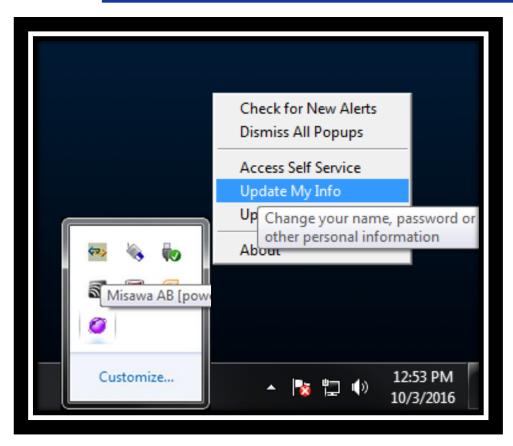
A tune-up can increase your fuel economy

Have wheels aligned and tires rotated

Replace air filter if needed



# **Have You Updated AtHoc?**



- ✓ Get all Misawa Emergency Notifications through phone, text, and email.
- ✓ Click the "Purple Globe" on your desktop and "Update My Info"
- ✓ Download the "AtHoc Notifier" Mobile App to get notifications sent to all your Mobile Devices

Step-By-Step instructions at the Command Post SharePoint page: <a href="https://misawa.eis.pacaf.af.mil/35FW/35FW-CP/Pages/default.aspx">https://misawa.eis.pacaf.af.mil/35FW/35FW-CP/Pages/default.aspx</a>

# Download the "AtHoc Notifier" App



- ✓ Get all Misawa Emergency Notifications sent to your mobile device
- ✓ Available on iOS and Android devices
- ✓ Ensure dependents receive notifications by installing on their mobile devices

Step-By-Step instructions at the Command Post SharePoint page:

https://misawa.eis.pacaf.af.mil/35FW/35FW-CP/Pages/default.aspx



# **BASH CANNON**

Don't be alarmed if you hear loud booms coming from the airfield. This is to scare birds and wildlife, preventing an aviation mishap.



### 35 CES & 35 MDG

#### Venomous Snake(hebi) Awareness

- Mamushi Pit Viper Venomous
- Head is triangle shaped
- Found in grasslands/shrublands/forests





- Yamakagashi (Tiger Keelback) Poisonous & Venomous
- Distinctive yellow, red and black markings
- Found in a diverse range of habitats
- If bitten please report to the UCC immediately and do not try to capture the animal. Do not touch or disturb the animal.
- Use caution when walking near wooded areas and wear protective clothing.

Prepared by: TSgt Daniel Fink –35 CES SSgt Kristina Palmer - 35 MDG

# Fire Extinguisher Safety Recall

KIDDE Fire Extinguisher manufacture recalled over 37 Million units.



1. CHECK MODEL AND MANUFACTURE DATE

2. VERIFY IT HAS BEEN RECALLED:

WEB SEARCH FOR "KIDDE EXTINGUISHER RECALL" or FROM LINK BELOW:



https://www.cpsc.gov/Recalls/2017/kidde-recalls-fire-extinguishers-with-plastic-handlesdue-to-failure-to-discharge-and

#### 3. HOW TO REPLACE IT:

- Housing residents: contact Housing Maintenance, Phone 226-4663, bldg. 790
- Facility managers & Private Organizations: dispose it via haz-waste and purchase new extinguisher or follow recall web site/manufacture instructions

Contact the Fire Prevention section at 226-4055 for any questions

## **PUBLIC SAFETY ADVISORY**

- SUBJECT: E-Cigarettes, Vaporizers, and Other Electronic Smoking Devices
- SITUATIONAL AWARENESS: Popularity of "vaping" has given rise to vaping substances found to contain ingredients such as Cannabidiol (CBD) which are in violation of the Substance Abuse Act making them unlawful to use or possess under the UCMJ as well as under federal and state laws
- Since May 2017 eighty-four subjects were involved in vape oil medical incidents
- This substance has been associated with serious health risks, including one confirmed death
- The use of all CBD, CBD derivatives, and THC infused products are prohibited for all DoD Members



For more information go to <a href="https://www.opss.org/faqs/cannabidiol-are-products-cbd-legal">https://www.opss.org/faqs/cannabidiol-are-products-cbd-legal</a>

For other Operation Supplement Safety (OPSS) questions contact Jillian Soldan

Health Promotion Program, 226-6420

# DRIVING IN JAPAN IS DIFFERENT

- narrow roads
- slower speed limits
- no shoulders (reduced room

for error)

- deep ditches
- concrete poles along

roadways

- minimal signage
- no street lights
- drive on the left side of the

road

- watch for pedestrians
- minimal sidewalks

# ALL ACCIDENTS MUST BE REPORTED

Notify 35 SFS

DSN: 226-3600

Cell: 0176-77-3600

# OFF-BASE INCIDENTS

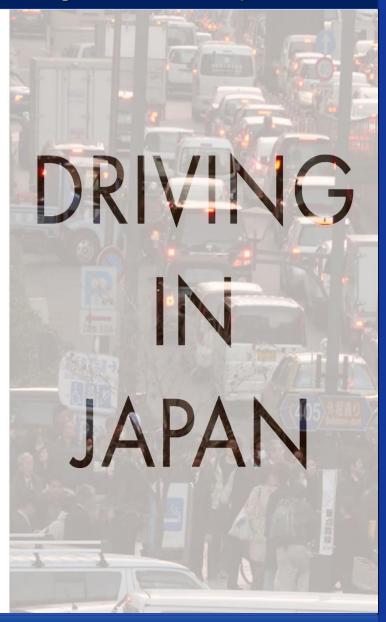
Notify 35 SFS and

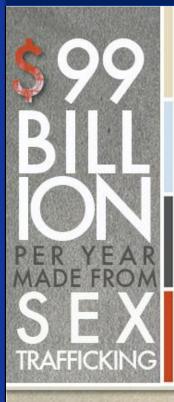
Japanese Police

0176-77-3802 (Misawa/Local)

#011 (Police)

#110 (Medical/Fire)







1 in 6 endangered runaways reported in the U.S. are likely to become sex trafficking victims



\$51BILLION
per year from use of forced labor

# ODERN



are now victims of forced labor

WORLDWIDE

Migrants are particularly vulnerable to forced labor practices

Female victims forced into domestic servitude are often sexually exploited as well

In some parts of Africa and the Mekong region children are those most sexually exploited

Human Trafficking victims are children

3 out of every 1000 are victims of forced labor

4.5 MILLION - WORLDWIDE are victims of forced sexual exploitation

> IF YOU SUSPECT human trafficking call:

Department of Defense Inspector General Hotline 1 - 800 - 424 - 9098

National Human Trafficking Resource Center 1 - 888 - 373 - 7888



# Lithium Ion Batteries Awareness



#### Safety Tips

- Always follow the manufacturer's instructions.
- Do not charge a device under your pillow, on your bed or on a couch.
- Only use the battery that is designed for the device.
- Put batteries in the device the right way.
- Only use the charging cord that came with the device.
- Keep batteries at room temperature..
- Store batteries away from anything that can catch fire.
- Do not place batteries in direct sunlight or keep them in hot vehicles.

#### Signs of a Problem

 Stop using the battery if you notice these problems: odor, change in color, too much heat, change in shape, leaking, odd noises. If it is safe to do so, move the device away from anything that can catch fire.



For any questions contact the Fire Prevention Office at DSN 226-4055

Reproduced from NFPA's website, www.nfpa.org/publiceducation. @NFPA.

# AIRSAISRE

## MSgt Jose Gonzalez In-Service Recruiter

Take control of your career!

- 1. Choose Your Location
- 2. Choose Your AFSC
- 3. Focus On Personal Goals

"Military Service That Fits YOUR Life".

Email: jose.gonzalez\_figueroa.7@us.af.mil

Cell: 090-1995-5257

Palace Chase & Palace Front Opportunities





## Smoke Alarm Recall



#### KIDDE Recalls Smoke Alarms Due to Risk of Failure to Alert Consumers



#### Models PI2010 and PI9010

1. CHECK MODEL AND MANUFACTURE DATE 2. VERIFY IT HAS BEEN RECALLED



WEB SEARCH FOR

"KIDDE SMOKE ALARM RECALL" or FROM LINK BELOW:

https://www.cpsc.gov/Recalls/2018/Kidde-Recalls-Dual-Sensor-Smoke-Alarms-Due-to-Riskof-Failure-to-Alert-Consumers-to-a-Fire

#### 3. HOW TO REPLACE IT:

Follow recall web site/manufacture instructions or dispose it via Haz-waste and purchase new smoke alarm

For any questions please contact the Fire Prevention section at 226-4055



# AIR FORCE RESERVE

- Pay and Personal Recognition
- Money for College
- Job Training
- Camaraderie, Satisfaction, and Pride
- Life Insurance, Medical Care, and Re-employment Rights
- Travel
- Special Allowances
- Thrift Savings Plan & Retirement
- Individual Mobilization Augmentee Program (IMA)
- Traditional Reservist Program (TR)
- · Palace Chase
- Palace Front

MSgt David Kastning
In-Service Recruiter
Bldg. 316 Rm 118B
Yokota/Misawa AB
Com/DSN: 315-225-6388
david.kastning@us.af.mil



Your In-Service Recruiter

# New Government Travel Cards Incoming

- ➤ New GSA SmartPay 3 contract takes over Nov. 30<sup>th</sup>.
- ➤ New cards will be issued mid to late summer for all current GTC holders in good standing.
- ➤ Please verify receipt when you receive your new card!
- ➤ If traveling during the turnover, carry both your old and new card with you!



Please contact your Agency Program Coordinator with any questions or concerns!



# 35th Fighter Wing Career Assistance Advisor



The future is yours...

# Plan. Prepare. Stay Informed.

\*\* AF Career Guidance/Mentorship\*\*

\*\*Retraining/Special Duty Opportunities\*\*

\*\*Professional Enhancement Programs\*\*

\*\*First Term Airmen Course (FTAC)\*\*

\*\*Wild Weasels University\*\*

Building a Better Air Force...One Airman at a Time.

Check out everything the Professional Development Center (PDC) has to offer at...

PDC Share point: https://misawa.eis.pacaf.af.mil/PDC/Pages/default.aspx Wild Weasels U: https://misawa.eis.pacaf.af.mil/PDC/WWU/Pages/default.aspx PDC Facebook Page: http://www.facebook.com/MisawaPDC



MSgt Amir L. Mustafa

.. Professional Development Center
Bldg 1006 / 226-STAY (7829)
35FW.CAA.CareerAssistanceAdvisor@us.af.mil





# **U-FIX-IT OURS OF OPERATION**

MONDAY	OPEN 1200-1600
TUESDAY	CLOSED
WEDNESDAY	OPEN 1200-1600
THURSDAY	CLOSED
FRIDAY	OPEN 1200-1600
WEEKEND HOLIDAY PACAF FAMILY DAY	CLOSED

\*\*\*Please do not visit Housing Maintenance for U-Fix-It support, as they do not have access to material issue/tool rentals! \*\*\*

For Questions or Comments: Please Call 226-4992/2127

# 5AF FY2021 Holiday Schedule

Federal Holiday	Day / Date	Family Day
Columbus Day	Mon, 12 Oct 20	Tues, 13 Oct 20
Veterans Day	Wed, 11 Nov 20	N/A
Thanksgiving Day	Thurs, 26 Nov 20	Fri, 27 Nov 20
Christmas Day	Fri, 25 Dec 20	Thurs, 24 Dec 20
New Year's Day	Fri, 1 Jan 21	Thurs, 31 Dec 20
Martin Luther King, Jr. Day	Mon, 18 Jan 21	N/A
Family Day	Mon, 8 Feb 21	N/A
President's Day	Mon, 15 Feb 21	N/A
Easter	Sun, 4 Apr 21	Fri, 2 Apr 21
Memorial Day	Mon, 31 May 21	Tues, 1 Jun 21
Independence Day (observed)	Mon, 5 Jul 21	Fri, 2 Jul 21
Labor Day	Mon, 6 Sep 21	Tues, 7 Sep 21

# **GOING ON VACATION?**

DON'T BRING HOME MEASLES AS A SOUVENIR

Measles is a health risk in many destinations, and it can spread easily through coughing and sneezing. It can cause serious illness, even death. When you travel, bring home photos, keepsakes and memories—not the Measles!



#### TRAVELING OVERSEAS?

YOUR BEST PROTECTION IS TO GET VACCINATED.



The measles-mumps-rubella (MMR) vaccine protects against all three diseases.

#### Age Group

6-11 months

12 months of age or older

Adolescents and adults

who have **not** had measles or been vaccinated

#### **Doses of MMR Vaccine**

# 1 Dose

**Doses**Separated by at least 28 days

P 2 Doses separated by at least 28 days

#### TRAVELING STATESIDE?



While the risk is higher internationally, you should also take precaution when traveling in the U.S. You don't know who else is vacationing with you!

#### **After Your Vacation:**

- Watch your health for three weeks.
- If you or your child gets sick with a rash and fever, call your doctor.
- Tell your doctor that you traveled abroad, and if you have received MMR vaccine.

## #DYK?

The majority of measles cases that are brought into the U.S. come from

#### UNVACCINATED

U.S. RESIDENTS

Each year:

ABOUT 10 MILLION PEOPLE are affected by measles

MEASLES KILLS ALMOST 90,000 people around the world



Measles is so contagious that if

#### **ONE PERSON**

has it, **90%** of the people close to that person who are not immune will also become infected.



## New Japan Region International Auto Logistics

Beginning 1 Oct 2019, the VPC in Hachinohe City will be closed. Members who will ship/pickup their POV to/from Japan will have to go to Yokohama/Yokosuka.

- Address: 1-16 Honmokufuto, Naka-Ku, Yokohama, Kanagawa 231-0811
- Phone: 81 98-989-6817 / 855-389-9499 (toll free)
- Email: IALYokohama@ialpov.us
- Hours of Operation: By special appointment only
- Visit: www.pcsmypov.com or

https://www.pcsmypov.com/Locations/Yokohama,%20Japan%20Region

 Follow the instructions on the screen for turn in or pick up instructions depending on the member's situation

For questions please contact at TMO Personal Property Section 315-226-3525 / 35lrs.lgrdf.personalproperty@us.af.mil

# USE OF CELLULAR PHONE OR PORTABLE DEVICE WHILE OPERATING A MOTOR VEHICLE







These Devices MUST be hands free.

IAW 35th FW Instruction 31-218:

If caught you will receive 3 points to your driving record.

- First Offense 30 Day Driving Suspension
- Second Offense 180 Day Driving Suspension

**Any Questions Please Contact 35 SFS/Police Services 226-6669** 

# **Pre-Travel COVID-19 Test**

Pre-travel COVID-19 Test requirement no earlier than 3 days (within 72 hours) before travel to the United States – IAW CDC or destination countries requiring travelers to present negative test results upon entry – IAW DoD FHPO Guidance (Supplement 14).

#### Testing

- > Patriot Express Passengers
  - Sundays @0800-1000 in the Urgent Care Center Tunnel
    For flights departing from AMC Terminal on Mondays and Tuesdays
- > Commercial Travel Passengers (i.e. TDYs, E-Leave, etc...)
  - Monday-Friday @0800-1100 and 1300-1500 in the Urgent Care Center Tunnel
    - Except holidays must be arranged in advance w/Medical COVID Hotline @ 226-6555
  - Please provide travel itinerary so testers can ensure the test is not being collected too early
- Unit deployments: Schedule as needed w/35 MDG COVID Cell

#### Test Results:

- > Patriot Express Passengers can access via Tricare online or will be given a copy at the terminal
- Commercial Travel Passengers can access via Tricare online or by contacting their Primary Care Manager Team for a copy of their results.

## **Gate Protocol**

In order to enhance our Force Protection posture and protect our community from COVID-19, the following installation entry procedures will take effect at 0600L on Friday, 12 Feb 21:



- Masks must be worn when entering the installation, but personnel will briefly drop/remove their masks (2-3 seconds) when guard is scanning their ID card.
- All personnel <u>18 years of age and older</u> must briefly drop/remove their masks when entering the installation to allow for 100% visual identification confirmation by security forces.
- These measures apply to both pedestrian and vehicle entrants.



## DoDEA Misawa Student Transportation Safety Advisory "Do Not Pass School Buses on Base"









#### Misawa AB School Buses – Large & Small

MTR-0021 Failure to stop for school bus or school crossing signals:



4pts & 30 Day Suspension of driving privileges Per 35FWI31-218 25 JAN 2019

# **Command Post Number Change**

Effective 21 May: Command Post's new number will be 226-3500 or 0176-77-3500.

#### **REQUIRED ACTIONS**: Summary of actions for Command Teams:

- Ensure this message is sent to all personnel within your unit. Additionally, briefed at all Roll Calls during the transition to ensure widest dissemination.
- Recall Roster POCs will need to update the new Command Post number on all rosters.
- Facility Managers will need to verify any signage around their buildings. Any references to the Command Post number will need to reflect this change.
- Any Call Trees that include the Command Post will need to be updated (e.g. COVID Hotline, Operator Line, etc.).
- Any presentations (e.g. Right Start, FTAC) need to reflect the new number.

### Off-Limit Area: Shimokita Test Center

Please be advised that the Shimokita Test Center is a restricted area that is off-limits for any unauthorized personnel. Refer to the attached image to stay out of the restricted area.

Also note, "Sarugamori Sand Dunes" is marked as a popular scenic spot on many search engines but is actually the restricted area of Shimokita Test Center.

Trespassing is illegal and can be dangerous.





#### AIR & SPACE FORCE SPECIAL VICTIMS' COUNSEL

#### **Providing support to Yokota and Misawa**

#### INTERPERSONAL VIOLENCE VICTIMS' LEGAL SERVICES PILOT PROGRAM

- INTERPERSONAL VIOLENCE (IPV) VICTIMS ARE VICTIMS OF:
  - DATING VIOLENCE
  - FAMILY VIOLENCE
  - WORKPLACE VIOLENCE
- WHAT SVCs CAN DO FOR IPV VICTIMS:
  - Provide **Confidential** Legal advice
  - EDUCATE YOU ON YOUR RIGHTS AS A CRIME VICTIM
  - PROVIDE INFORMATION & REFERRALS TO VICTIMS' SUPPORT SERVICES
- CONTACT YOUR LOCAL SVC OFFICE TO SCHEDULE A CONSULTATION
- WHAT SVCS DO FOR SEXUALASSAULT AND DOMESTIC VIOLENCE VICTIMS:
  - Provide **Confidential** Legal advice
  - PROTECT YOUR RIGHTS AND PRIVACY INTERESTS
  - ADVOCATE YOUR VOICE & CHOICE
  - ADVISE YOU ON THE INVESTIGATION AND PROSECUTION PROCESS
  - REPRESENT YOU IN INTERVIEWS, HEARINGS, AND MILITARY TRIALS
- CONTACT YOUR LOCAL SVC, SARC, FAP, VWAP COORDINATOR OR LEGAL OFFICE TO REQUEST AN SVC\*

\*RESTRICTED REPORTS: GO TO THE SVC, SARC, VICTIM ADVOCATE,

CHAPLAIN, OR HEALTH CARE PROVIDER TO ENSURE THE REPORT REMAINS RESTRICTED



CAPT JOLINE DOEDENS-COMBS SPECIAL VICTIMS' COUNSEL



SSGT LAUREN SHEERAN SPECIAL VICTIMS' PARALEGAL

#### YOKOTA AB SVC OFFICE

WESTSIDE, BLDG. 1297 (NEXT TO THE BOWLING ALLEY)

DSN: 225-8880

# HOW-TO CALL EMERGENCY SERVICES WITH U.S. CELL PHONE CARRIERS

Dial +810176531911 or 0176771110 (choose option 9) for on-base emergency responders

Dial 119 for off-base emergency responders

For questions contact Misawa Fire and Emergency Services non-emergency line at DSN: 226-3218 Cell: 0176773218

#### **Transportation Security Agency (TSA) Airport Passenger Checkpoints**

TSA system for verifying CAC holder's bar code information is not working and may prevent air travelers from checking in at airports. Members who plan to travel will need to bring alternative identification with them to the airport, such as an unexpired State Driver's license, State ID, or Passport. Complete list of acceptable identification is listed at:

#### https://www.tsa.gov/travel/security-screening/identification

DoD is aware of members presenting their Common Access Card (CAC) as an acceptable form of Identity at the TSA airport passenger checkpoints. The Defense Manpower Data Center (DMDC) continues to work with TSA and Department of Homeland Security (DHS) officials, and will provide an update to the DoD/uniformed Services DEERS Project Offices of TSA's efforts at airport passenger checkpoints.

Additional information regarding airport passenger checkpoint access, visit TSA web site at:

https://www.tsa.gov/real-id for Frequently Asked Questions (FAQs).

# REMEMBRANCE

a Time to Grieve and Remember

SUNDAY, SEPTEMBER 12 1700-1900 at the CHAPEL

**DINNER AT 1700 • PRESENTATION AT 1800** 

Many of us have lost loved ones and have not been able to return home to grieve and find closure. Please join us for dinner and a special candlelight presentation to honor their lives.

If you would like a loved one represented, please email your name, loved one's name and their photo to 35fw.hc@us.af.mil

RSVP via SignUpGenius by September 7th Dress Code is Business Casual



# **Misawa City Temporary Closures**

**Effective: September 1 - 30** 

Some public facilities in Misawa City have temporarily closed due to COVID-19 countermeasures. Additionally, all parks in Misawa City are closed for BBQs and other gatherings.

To view the full list of temporary closures, see the link below or scan the QR code.

https://www.misawa.af.mil/Portals/41/documents/Temporary%20Closures%20of %20Misawa%20City%20Public%20Facilities.pdf

## 35th Medical Group COVID-19 Vaccine Schedule

- What: Pfizer and Moderna Vaccine Appointment Availability
- When: Sep 10 & Sep 13 17; 0800 until 1430
- Where: 35th MDG, Building 99
- We apologize for any inconvenience this may cause to normal services, including: limited PCM availability or non COVID immunizations.
- How: Log on to: <a href="https://informatics-stage.health.mil/covax">https://informatics-stage.health.mil/covax</a>
  - Choose Japan, then Misawa AB
  - Select what vaccine you want
  - Enter your demographic information
  - Select your date

or

**Use QR code for access to Appointment Portal** 





## **COVID-19 Vaccine Schedule**

What: Pfizer and Moderna Vaccine Appointment Availability

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Where: 35th MDG, Building 99

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