

Mental Health

Office hours:

Monday-Wednesday: 7:30 a.m. - 4:30 p.m.
Thursday: 7:30 a.m. - 3:30 p.m.
Friday: 7:30 a.m. - 4:30 p.m.

Location:

Building **96**, adjacent to the Main Hospital (Bldg 99)

Contact information:

Mental Health/ADAPT: 226-3230
Family Advocacy: 226-2123
Outreach: 226-2123
Commercial: 0176-77-3230
Domestic Abuse Victim Advocate (**DAVA**) 24/7: 080-9158-8735

Department services available for Tricare Prime beneficiaries*:

Mental Health Evaluations, Treatment, and Therapy (Individual, Marital, & Group)
Special Duty Clearances (MTI/MTL/SERE/PRP)
Psychological and Cognitive Assessments
Command Directed Evaluations
Disaster Mental Health Team
Clinical Psychology
Clinical Social Work
Psychiatry (ages 14 and up)

**Non-Tricare Prime patients will be seen on a space available basis*

Alcohol & Drug Abuse Prevention & Treatment Program Information:

Alcohol Related Incident Reduction Initiatives
Level 1.0 Treatment
Aftercare Treatment
ADAPT Outreach
Evaluations
Education

Family Advocacy Program (FAP): Education, Prevention and Treatment of Abuse and Neglect. FAP outreach programs provide education classes that are open to everyone, register at 226-2123.

New Parent Support Program (NPSP)

Services Provided for Parents with Newborns to Age 3
Breastfeeding Support Group (coordinated with WIC)
Baby Care Basics

Family Advocacy Strengths Treatment (FAST) Services: Counseling that is confidential prevention based for couples and families on a limited basis

Systematic Training for Effective Parenting - Education on Parenting Teens
1, 2, 3, Magic! (Education on Behavioral Management for 2-12 year olds)
Love and Logic (Education on Parenting)
Holiday/Wintertime Blues Briefs
Couples Communication
Stress Management
Anger Management
Latchkey Training
Sleep Hygiene
Dads 101

Active Duty Only Briefs:

New CC/Shirt Orientation Briefs
Pre Deployment Preparation
Reintegrating from Deployment

Mental Health Confidentiality: IAW AFI 44-172

Command notification by healthcare providers that a service member has sought and/or is in MH treatment or is taking medication is not necessarily required when an individual voluntarily seeks MH care. However, pursuant to Department of Defense Regulations, healthcare providers must notify your Commander if you meet one of the following criteria:

Harm to Self; Harm to Others; Harm to Mission; PRP or other Special Duty Status; Need for Inpatient Hospitalization; Command-Directed Mental Health Evaluation; Other Special Circumstances*

*If communication with command is deemed necessary, healthcare providers shall provide the minimum amount of information to satisfy the purpose of the disclosure. Further questions regarding confidentiality can be answered by the Mental Health staff prior to initiating treatment.