



ADOLESCENT SUPPORT AND COUNSELING SERVICE: MISAWA

ASACS

The Adolescent Support and Counseling Service (ASACS) is a U.S. Armed Forces Counseling Services Contractor. The ASACS counselor's primary objective is to provide support and counseling to adolescents who are at risk of, or require early intervention for, behaviors that interrupt positive mental, emotional, and behavioral development, as well as early intervention for youth with an onset of substance use.

ASACS provides substance abuse prevention education and presentations; in addition to screening services and supportive counseling for emotional or behavioral difficulties, and substance abuse. Participation is voluntary and confidentiality is respected.

Referrals are accepted by concerned teachers, peers, parents, community agencies or self-referrals. An office is provided at Edgren High School to provide ASACS and stakeholders the opportunity to work together to help teens make healthy and safe choices.

For more information please contact Mr. Adam Bodenhamer, LCSW-C, RAS; ASACS counselor at 226-2645/2631 or through the main office"

Counseling:

Confidential & Voluntary – ASACS Counseling is Confidential. Adolescents under the age of 15 require parent consent for counseling services. The program helps young people navigate the developmental years by addressing risk factors that interrupt positive mental, emotional, and behavioral development, including substance use.

Licensed Providers: ASACS Counselors are Licensed and Credentialed, and are privileged through the Medical Command.

Outcomes: ASACS Measures outcomes of service using Feedback-informed Treatment (FIT), an approach for evaluating and improving the quality and effectiveness of behavioral health services. FIT is designated in the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Registry of Evidenced-Based Programs and Practices (NREPP).

Levels of Care:

Early Intervention – Services address risk factors that interrupt positive mental, emotional, and behavioral development, as well as early intervention for youth with an onset of substance use. Youth need not be substance involved to benefit from preventative counseling services. Examples of risk factors include a pattern of disruptive behavior, academic failure/truancy/lack of commitment to school, impulse control, depression/anxiety, social or coping skills concerns, family management concerns, difficulty negotiating a key life transition such as move from elementary to middle school, or adapting to new location. Counseling may include the following behavioral health conditions diagnosed by medical personnel:

- Depressive Disorders
- Anxiety Disorders
- Disruptive, Impulse-Control, & Conduct Disorders
- Trauma and Stress Related Disorders
- Neuro-developmental Disorders (ADHD)

Outpatient Treatment – Tailored to each client’s level of severity, and designed to address concerns with youth assessed as having signs and symptoms consistent with Substance related disorder.

Prevention

ASACS promotes healthy adolescent development through prevention education by focusing on protective factors identified by the Substance Abuse and Mental Health Services Administration (SAMHSA) such as self-worth, social competence, positive support, school connectedness and parental support.

ASACS prevention efforts reinforce the Air Force’s Comprehensive Airman Fitness goals of mental, physical, social, and spiritual fitness. Teaching skills to enable positive thinking, healthy coping with adversity, problem-solving, and making good decisions.

ASACS supports and participates in various FSS and other community based groups and events for Air Force teens.

Areas of Focus

- Help Seeking
- Risk Reduction
- Resiliency & Coping
- Transition & Deployment

ASACS prevention activities will be tailored to the needs of the community in order to respond to emerging trends with timely initiatives



ASACS Contact Information

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