

Maternal Newborn Unit (MNU)

Office hours:

24/7 Monday - Friday, Weekends, Holidays

Location:

Building 99, basement

Enter the Medical Group from the main entrance or UCC after hours. Proceed down to the basement level we are located next to Specialty Care Clinic

Contact Information:

On Base: 226-6464

Commercial: 0176-53-6464

Department Services and Contact Information:

Labor and Delivery offers services to our obstetrical patients as well as antepartum, and postpartum care. Typical hospital stays for our patients include 24hrs for uncomplicated vaginal deliveries and 48hrs for cesarean sections.

We offer a Child Birth 101 class available for sign up via the OB clinic during your 3rd trimester. We highly encourage attendance if this is your first baby, or your delivery here at Misawa AB.

Patient Instructions and Walk-In Services:

If you are having any bleeding, please call Labor & Delivery or report to UCC if you are less than 20 weeks. Over 20 weeks please report to Labor & Delivery.

Fetal Kick Counts: Please call or report to Labor & Delivery if you are not meeting kick counts (10 kicks in 2hrs.).

Labor Precautions: If you are having contractions 3-5 minutes apart for 2hrs or have any questions and are unsure, please give us a call.

Leakage of Fluid: If you are leaking fluid or are unsure, please call Labor & Delivery.

Visiting Hours: 1000 – 2000 M-F, Weekends

*We do not allow visitors with children under the age of 12, for the protections of our newborns. Siblings are allowed during the visitation hours, but must be accompanied by an adult during all times.