

Mental Health

Office hours:

Monday - Friday: 7:30 a.m. - 4:30 p.m.

Location:

Building 96, adjacent to the Main Hospital (Bldg 99)

Contact information:

Domestic Abuse Victim Advocate (DAVA) 24/7: 226-6823

Family Advocacy: 226-2123

Mental Health: 226-3230

Outreach: 226-2123

Commercial: 0176-77-6111

Mental Health Confidentiality: IAW AFI 44-172:

"Confidentiality is essential to providing effective mental care. While mental health professionals have an obligation to make notifications to commanders in specific situations, they operate from a basic philosophy of confidentiality".

Department services available for all DoD Beneficiaries, Dependents, & Civilians:

Behavioral Health Evaluations, Treatment and Therapy (Individual and Group)

Special Duty Clearances (MTI/MTL/SERE/PRP)

Psychological and Cognitive Assessments

Command Directed Evaluations

Disaster Mental Health Team

Clinical Psychology

Clinical Social Work

Self-referrals

Psychiatry

Alcohol & Drug Abuse Prevention & Treatment Program Information:

Alcohol Related Incident Reduction Initiatives

Level 1.0 Treatment

Aftercare Treatment

ADAPT Outreach
Evaluations
Education

Family Advocacy Program (FAP): Education, Prevention and Treatment of Abuse and Neglect. FAP outreach programs provide education classes that are open to everyone, register at 226-2123.

New Parent Support Program (NPSP):

Services Provided for Parents with Newborns to Age 3
Breastfeeding Support Group (coordinated with WIC)
Baby Care Basics

Family Advocacy Strengths Treatment (FAST) Services: Counseling that is confidential prevention based for couples and families on a limited basis

Systematic Training for Effective Parenting - Education on Parenting Teens
1, 2, 3, Magic! (Education on Behavioral Management for 2-12 year olds)
Love and Logic (Education on Parenting)
Holiday/Wintertime Blues Briefs
Couples Communication
Stress Management
Anger Management
Latchkey Training
Sleep Hygiene
Dads 101

Active Duty Only Briefs:

New CC/Shirt Orientation Briefs
Pre Deployment Preparation
Reintegrating from Deployment

We will only notify command in the following situations:

Intent to harm self of another	Duty limiting conditions
Currently on PRP/PSP status	Intent to harm mission
Child/partner maltreatment	Substance abuse
Threat to national security	